

Simply Her

BUSY WOMEN
SMART SOLUTIONS
BALANCING LIVES

SINGAPORE | AUG 2008 | \$4.20

www.simplyher.com.sg

how to handle any worst-case scenario

FROM TRIVIAL TO TREACHEROUS

FOUND!

ORGANIC FACIAL TIBETAN THERAPY

SECRET BEAUTY ADDRESS
IN THE HEARTLANDS

De Nailz Spa
 #03-16 Roxy Square Shopping Centre #, 50 East Coast
 Road, tel: 6348-8873
OPEN Mon-Fri, 11.30am-9pm; Sat-Sun, 10am-7pm
 A lovely set-up with a beige-brown and wooden decor, and
 plush carpeting, you can sit at the manicure tables or in
 one of four cushy armchairs. You can even watch movies
 on your personal DVD player while getting your nails done
 in OPI or Orly colours. There's a wide range of nail products
 (Poshe, Ecrinat, Cuccio and Qtical) on sale, too. Also offers
 waxing, eyebrow shaping and other grooming services.
EXPECT TO PAY \$18 for their popular Callus Removal
 Treatment; \$106 (\$68 for first trial) for the Anti-Ageing Spa
 Manicure and Pedicure

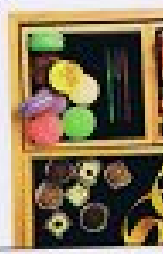
GET HUBBY TO PULL HIS WEIGHT AT HOME

NO NAGGING
NEEDED!

NEED A WAKE-UP CALL?

FOUR WOMEN
RECOUNT THEIR
LIFE-CHANGING
MOMENT

THOUGHTFUL
THANK-YOU GIFTS
22



STYLISH
SUNGLASSES



12 FOODS KIDS
MUST AVOID



MEALS TO COOK
FREEZE & REHEAT



ROAD TEST

LOCAL BOUTIQUE HOME
MANUAL CITRUS JUICER
HIGH-DEF CAMCORDER
STEAM IRON

40 BUYS TO UPDATE YOUR WORKOUT WARDROBE



IF YOU HAVE ANY ISSUES MISSING,
PLEASE CHECK WITH YOUR VENDOR.