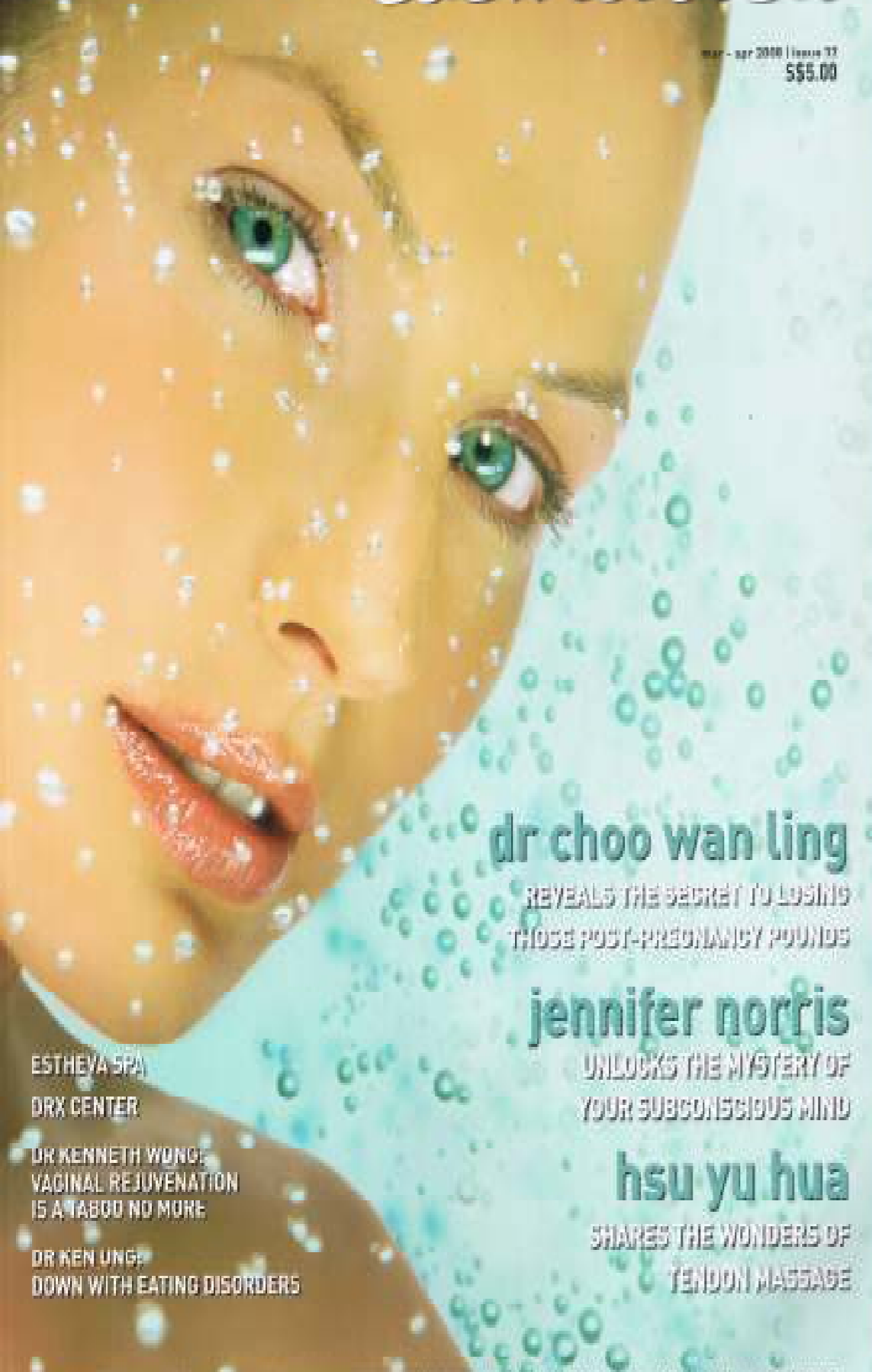


BEAUTY

cosmedica

mar - apr 2010 | issue 11
\$55.00



ESTHEVA SPA
DRX CENTER
DR KENNETH WONG:
VAGINAL REJUVENATION
IS A TABOO NO MORE
DR KEN UNG:
DOWN WITH EATING DISORDERS

dr choo wan ling
REVEALS THE SECRET TO LOSING
THOSE POST-PREGNANCY POUNDS

jennifer norris
UNLOCKS THE MYSTERY OF
YOUR SUBCONSCIOUS MIND

hsu yu hua
SHARES THE WONDERS OF
TENDON MASSAGE

NAILS (CONTINUED)

resort charm

MAKE YOUR WAY TO THIS
COSY NAIL HAVEN IN THE EAST

Text & Photo: Irena Chen

Tucked away in a quiet corner of Ross Square 1 is a cosy little nail enclave with a resort theme. De Nails Spa is spruced in wooden nuances with four reclining beds that unlike those found in a first class plane cabin, with a private room dedicated for waxing and other spa therapies.

De Nails Spa is one of the first nail salons in the east coast zone to offer customer's personalised entertainment for an enjoyable experience. No more will you have to kill your time away by flipping through dated magazines while getting your precious nails done. A DVD player will provide you with leisure you'll love, plus headphones to ensure that you enjoy your entertainment in private.

True to its name, the salon offers a myriad of spa treatments for hands and feet to suit an individual's needs. Whether you're looking to rejuvenate your overworked hands or to lighten pigmented hands (overexposed to the elements), you'll find your needs all catered. The Grapefruit Spa retunes visible scars and evens out skin tone thanks to goat's milk followed by a grapefruit mask that is rich in Vitamin C. Those more inclined towards traditional herbs may want to try out the Ginseng Spa, a de-stressing treatment which also promotes cell regeneration at the same time. With over 500 different nail colours available from brands like OPI and ORLY, you will be spoilt for choices as well.

If you're adventurous enough to want to try out the various treatments available, then the spa/nail package is for you. Up to 10 different types of spa treatments are offered in a package, and you may pick different kinds on each visit. Definitely flexible and value for money!

First not if you're particularly fussy, for they offer waxing services as well. Apart from the usual areas (wax underarm and upper lip waxing), interestingly enough they have finger waxing as well. Now you can say goodbye to mosquito-like looking digits with coarse hair protruding out from the knuckles!

When queried about the specialty of De Nails Spa, owner Jaemin Tay was quick to reply that they specialise in the removal of ingrown nails as well as calluses. She went on to mention that most nail salons don't provide the mentioned services as part of the manicure package but at De Nails Spa, these unhygienic growths are expertly removed by the experienced nail therapists there.

DE NAILS SPA IS OPEN EVERYDAY 11 AM - 10 PM, WEEKENDS 10 - 10 PM AND PUBLIC HOLIDAYS 10 - 10 PM (TEL: 6367 8031 www.denails.com.sg)



WHAT
De Nails Spa

WHERE
30 East Coast Road, Ross Square 1 #01

WHO
For spa treatments including facial treatments for their hands and feet

WHEN
Afternoon and evening hours (no order will get time to yourself)

HOW
Make your way to 30 East Coast Road, Ross Square 1 and cross the overhead bridge which leads to Ross Square 1.



COMFORT AND COSY:
Recharge yourself here



LUXURY:
Doesn't this remind you of a first class cabin?



RESORT WONDERLAND:
Take off to a land of bliss at De Nails Spa



FULL SPECTRUM:
More than 500 nail colours available.